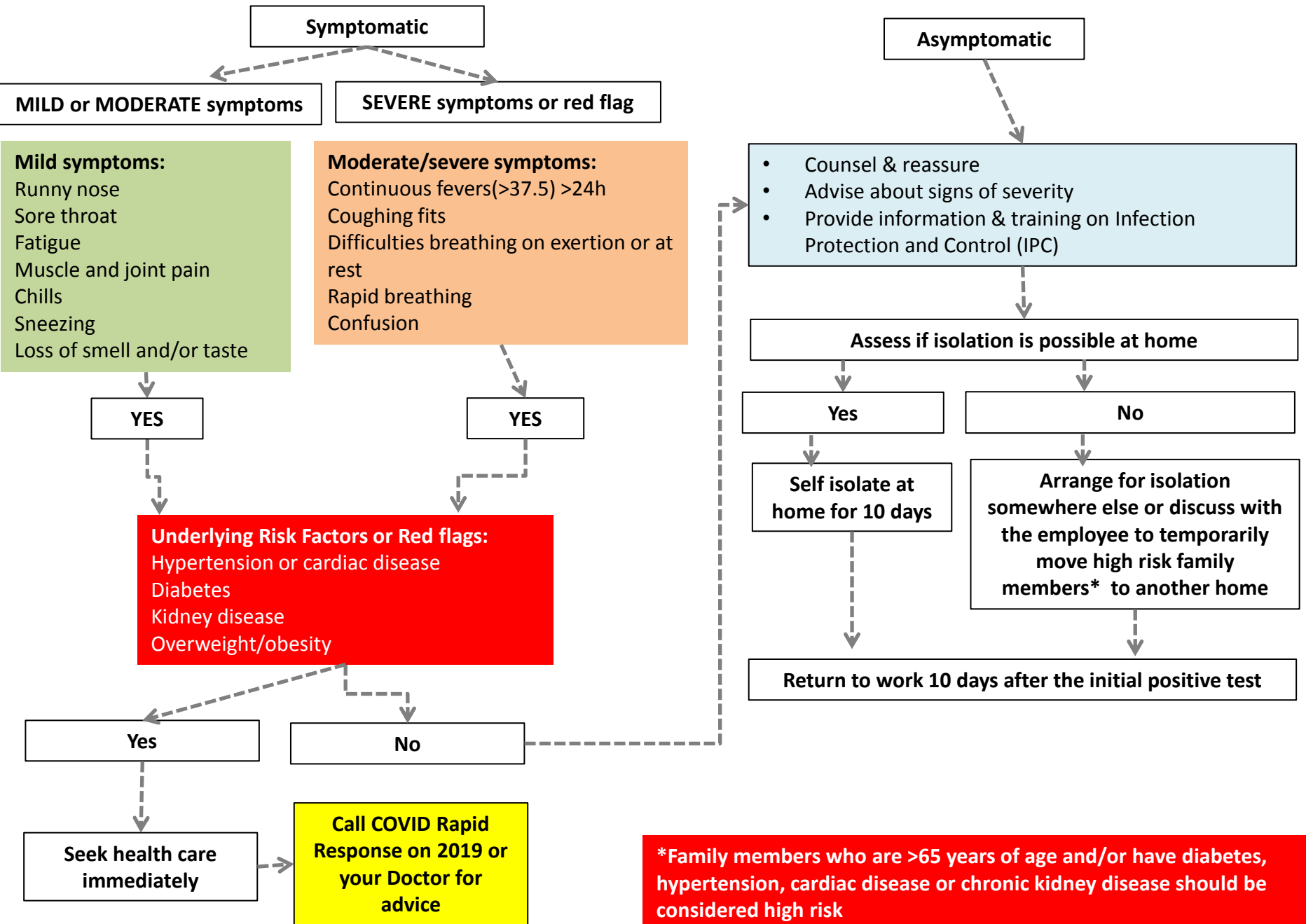


# What to do if your Employee tests positive for SARS-CoV-2 (Flowchart A)



**Mild symptoms:**  
Runny nose  
Sore throat  
Fatigue  
Muscle and joint pain  
Chills  
Sneezing  
Loss of smell and/or taste

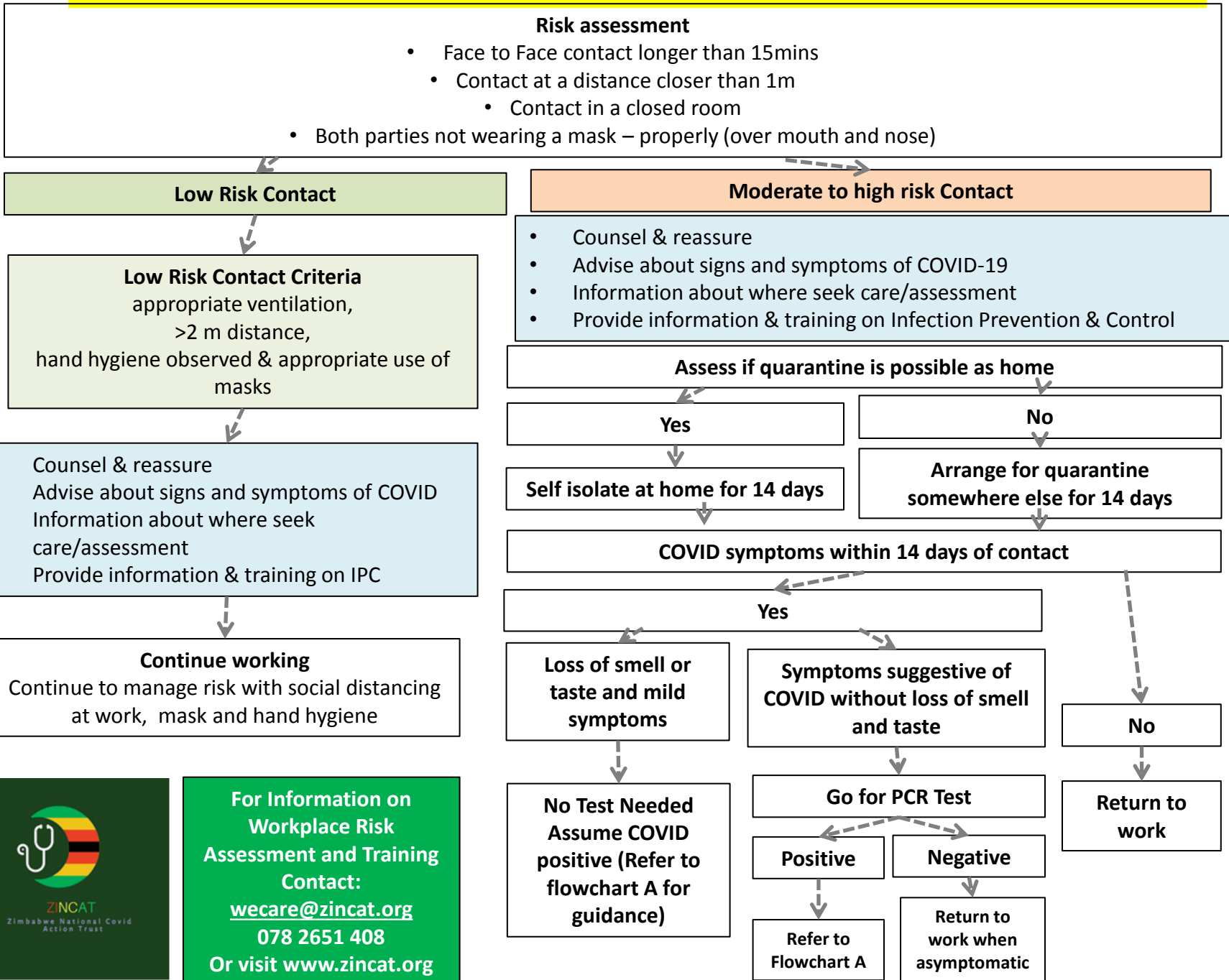
**Moderate/severe symptoms:**  
Continuous fevers(>37.5) >24h  
Coughing fits  
Difficulties breathing on exertion or at rest  
Rapid breathing  
Confusion

**Underlying Risk Factors or Red flags:**  
Hypertension or cardiac disease  
Diabetes  
Kidney disease  
Overweight/obesity

- Counsel & reassure
- Advise about signs of severity
- Provide information & training on Infection Protection and Control (IPC)

**\*Family members who are >65 years of age and/or have diabetes, hypertension, cardiac disease or chronic kidney disease should be considered high risk**

# How to Handle an Employee in contact with a colleague who tested COVID positive (Flowchart B)



**For Information on Workplace Risk Assessment and Training Contact:**  
[wecare@zincat.org](mailto:wecare@zincat.org)  
 078 2651 408  
 Or visit [www.zincat.org](http://www.zincat.org)